



345 Hickory Flat Drive; Gillsville, GA 30543
706-677-0072 c.j.farmer@windstream.net

Boot Camp Agenda – Novice/Beginner

Session One, Saturday Morning

- 8:30 - 9:00 a.m. Check-in, Meet & Greet, Refreshments
- 9:00 - 10:30 a.m. Classroom Instruction
- Equine personality traits, what's suitable for you
 - What to do with a problem horse
 - Establishing alpha position, reading a horse
 - Basic first aid, when to call a vet
 - Feed & hay types, reading labels, salt & water intake
- 10:30 – 12:00 p.m. Stables Demos
- Turnout, catching, haltering
 - Leading without being stepped on
 - Where to tie up, how to tie safety slip knot
 - Grooming, clipping, banding, braiding, bathing
 - Types of bits and functions
 - Western, hunt seat, and other disciplines - saddles

Session Two, Saturday Afternoon

- 12:30 - 1:00 p.m. Check-in, Meet & Greet, Refreshments
- 1:00 - 2:45 p.m. Classroom Instruction
- Coggins, de-worming, vaccinations, health certificate
 - Most common ailments – allergies, founder, colic
 - Hoof care, frequent causes of lameness
 - Equine activities for kids/novices
- 2:45 – 3:00 p.m. Break, Q&A
- 3:00 – 5:00 p.m. Stables Demonstrations
- Stable layout, safety and health features, stall care
 - Protective leg wear types, purpose, how to apply
 - Conformation to breed/function and soundness
 - Saddle selection, fitting, basic tack and stables needs
 - Lunging – why and how, with or without line

Session Three, Sunday afternoon (riders welcome to bring their own horses)

2:00 – 5:00 p.m. Instruction at Stables and Indoor Arena
Types of bits and how they function
Moving the horse's shoulder and hips on the ground
Backing on the ground
Proper body position for riding
Softening the back, prepare for trotting/cantering
Moving the horse's shoulder and hips mounted
Neck reining and lateral movement
Refine cues to go forward, stop and back-up
Learn "emergency" slow-down or stop maneuver

Weather permitting, the GRR trails will be open for riding before or after boot camp sessions for those who brought their own horses. On site stabling and camping/lodging is available.

To register for any of the three sessions, to be put on a mailing list for future boot camps, or if you want information about the intermediate/advanced boot camps, contact CJ Farmer at 706-677-0072 or email c.j.farmer@windstream.net.